



# CORONAVIRUS (COVID-19) WORKPLACE TIPS FOR EMPLOYEES

*The following is general workplace health and safety information from the Centers for Disease Control and Prevention (CDC).*

Our goal is to make sure that we keep our employees and customers as safe as possible. Please adhere to the following guidelines in order to minimize the risk of becoming sick. If you have any questions please feel free to reach out to your management team. Thank you!

## HEALTHY HABITS TO HELP PREVENT THE CORONAVIRUS (COVID-19)

Source: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.htm>



### No-Handshake Policy

Eliminate handshakes to prevent any sickness from spreading.



You must wear a face mask and sterile gloves while on a job site.

Wearing a face mask and sterile gloves is a precautionary step in order to keep you and our customers safe.



### Sanitize your hands.

Washing your hands with soap and water for 20 seconds is preferred. However, using wipes or sanitizer in between jobs can also aide in preventing the spread of germs.



Avoid touching your eyes, nose or mouth.

Germs are spread when a person touches something that is contaminated and then touches their eyes, nose or mouth.



### Cover your mouth and nose.

Avoid the spread of germs by covering your mouth and nose with a tissue or by coughing or sneezing into your sleeve.



Wipe down frequently touched areas.

Use cleaning products to wipe down frequently touched areas, such as your steering wheel, truck doors, etc.